



Leisure Services Department **Extension Services**

Food Preservation Classes

Basic Pressure Canning

Thursday, May 9, 2013, 6-8 p.m. **31234**

Saturday, May 11, 2013, 9-11 a.m. **31235**

This is a hands-on class for first timers or those who are afraid of using the pressure canner.



Boiling Water Bath Canning

Thursday, May 23, 2013, 6-8 p.m. **31236**

Saturday, May 25, 2013, 9-11 a.m. **31237**

This is a hands-on class for people who want an update or have never used canning equipment in the past. Learn how to can tomatoes and other high acid foods.

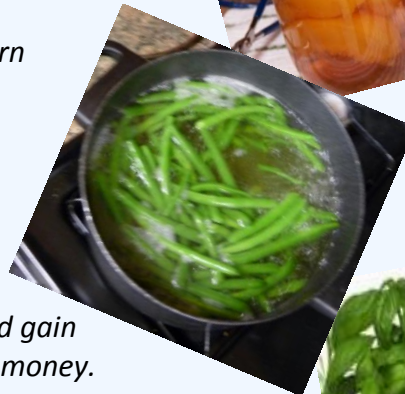


Freezing Foods

Thursday, June 6, 2013, 6-8 p.m. **31243**

Saturday, June 8, 2013, 9-11 a.m. **31244**

Learn how to freeze fresh foods, combination dishes and gain freezing hints. Proper freezing techniques can save you money.



Drying Foods

Thursday, June 20, 2013, 6-8 p.m. **31245**

Saturday, June 22, 2013, 9-11 a.m. **31246**

Learn how to save money by dehydrating your own herbs and making your kids' snacks.



PRE-REGISTRATION AND PRE-PAYMENT REQUIRED

All classes will be held at Seminole County Extension Services kitchen (address below).

Class size is limited. Registration form is available on [website](http://www.seminolecountyfl.gov/extensionsservices/adults/FamilyandConsumerSciences.aspx) or register in person to reserve space.

Each class is \$10 cash or check payable to Seminole County.

<http://www.seminolecountyfl.gov/extensionsservices/adults/FamilyandConsumerSciences.aspx>

For more information, contact: Extension Agent • Seminole County/University of Florida/IFAS
250 West County Home Road • Sanford, FL • 407-665-5553 • e-mail: rlaw@seminolecountyfl.gov

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